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Abstract accepted for WONCA Europe Conference 2020  
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### **Using the Simulated Patient to teach the management of a depressed foreign patient at suicide risk: “a video lecture”**

**Background:** A trainee in general practice (and also a young doctor) when having to relate to a depressed patient at a high risk of suicide is often in trouble. It is more difficult if the patient is a foreigner and when doctor and patient have different mother tongues.

**Questions:** How we can improve the approach to a depressed foreign patient at suicide risk, in a teaching contest (trainees or young doctor)?

**Methods:** We will present our experience of the use of the Simulated Patient to teach the management of the depressed patient to the trainee GPs.

We will present a short movie (9 minutes) of a workshop simulation at an international conference. We believe that in this case a movie (a mix of slides and movie) is more effective than words.

**Outcomes:** From discussion and classroom feedback it emerges that speaking about suicide with the patient is influenced by different cultural, social and ethical values. The simulation is an easy way to learn and approach delicate issues such as depression and suicide.

**Discussion:** In the video we see the consultation, the point of view of the doctor and of the classroom, the “voice of the patient” and anonymous individual feedback of all participants (“today I learned that ...”).

**Take Home Message for Practice:** Training trainees and young doctors with Simulated Patient is a useful method to improve the management of depression and suicide risk.

